

MLK Service Week Donation List

1. Hygiene Items:

- Toothbrush
- Toothpaste
- Dental floss
- Soap or body wash
- Shampoo and conditioner
- Deodorant
- Wet wipes or baby wipes
- Hand sanitizer

2. Clothing:

- Socks
- Underwear
- T-shirts
- Warm hat
- Gloves
- Scarf
- Blanket

3. Food and Water:

- Bottled water / Reusable water bottle
- Non-perishable snacks (granola bars, nuts, dried fruits)
- Canned goods with pull-tab lids
- Plastic utensils

4. Personal Care Items/ First Aid:

- Band-aids
- Antiseptic wipes
- Pain relievers (ibuprofen, acetaminophen)
- Basic first aid manual
- Disposable razors
- Shaving cream
- Feminine hygiene products
- Tissues or handkerchiefs

5. Informational Resources:

- Local resource guide (shelters, food programs, healthcare services)
- Contact information for local social services
- Information on job assistance programs

Potentially asking places for Gift cards to local grocery stores or fast-food restaurants (i.e MCD, Hyvee etc)